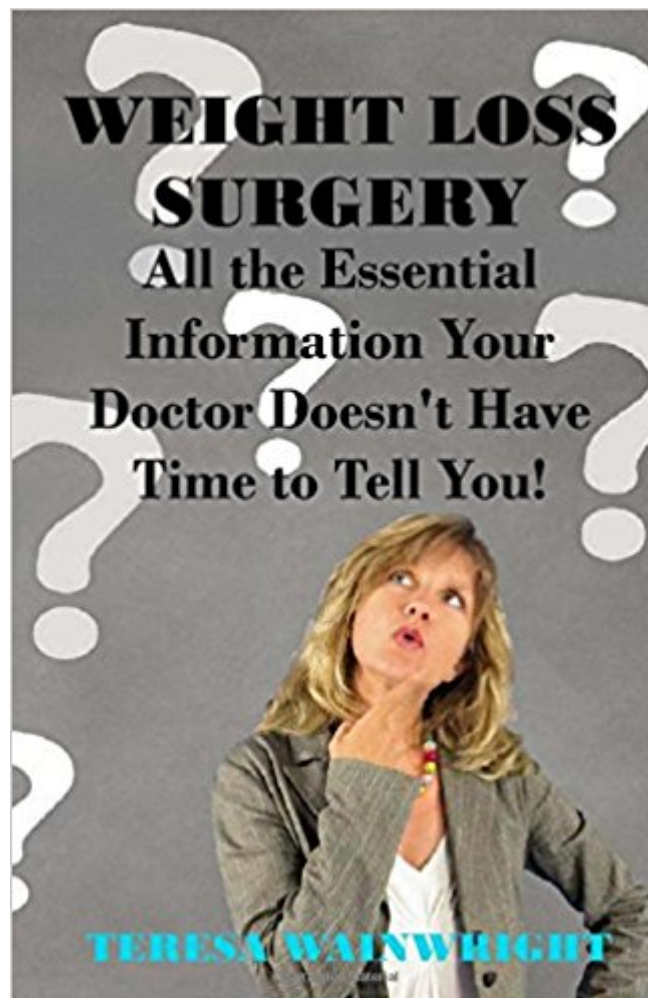




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Weight Loss Surgery: All The Essential Information Your Doctor Doesn't Have Time To Tell You



Synopsis

Are you considering weight loss surgery? Or have you already had your operation but don't know what to expect from this point on? This handy guide is packed with facts and practical information designed to help you make a success of your weight loss journey. You will learn the key differences between laparoscopic gastric banding, a gastric sleeve and a gastric bypass, as well as other surgical and non-surgical weight loss solutions. You will discover the unpredictable ways your body will change after your operation, and how to prepare for and deal with those changes. Written in an easy to read, fun and informative style, and interspersed with quotes from real bariatric patients, you will find the answers to such questions as | Why do we get fat and what can you do about it? How do doctors determine whether you qualify for bariatric surgery? Pre-op and post-op tests " why are they needed and what should you expect? What happens during your hospital stay and in the weeks and months that follow? How can losing weight affect you and your loved ones emotionally? What unwelcome problems can weight loss bring and what can you do about them? What are your plastic surgery options and non-surgical alternatives? Whether you are still considering surgery or whether you want to know what to expect from your post-surgery body, make this your "go to" book of bariatric facts! ABOUT THE AUTHOR. Teresa Wainwright has worked for ten years in a bariatric clinic in Australia.

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